



# 2019 Adventure Schedule

## MOONRIDGE ACADEMY

A CERTS Program for Young Girls

### January

- 1/2 Equine Day
- 1/9 Snow Shoeing at Woods Ranch
- 1/15-17 Bryce Canyon National Park; Sleigh Ride, Ice Skating and Cross-Country Skiing
- 1/23 Therapy Day; Music Therapy
- 1/30 Ski/Snowboard Day at Brian Head

### February

- 2/6 Best Friends Animal Sanctuary
- 2/13 Hiking at Snow Canyon Overlook Trail
- 2/20 Academic Day; Southern Utah Art Gallery Tour
- 2/26-27 Ski/Snowboard Days at Brian Head

### March

- 3/6 Equine Day
- 3/13 Hiking at Zion National Park, Hidden Canyon Trail
- 3/20 Therapy Day; Healthy Sexuality / Maturation
- 3/26-28 Hiking and Scrambling at Valley of Fire State Park

### April

- 4/3 Best Friends Animal Sanctuary
- 4/10 Academic Day; Poetry Slam
- 4/17 Hiking; Anasazi Trail and Cottonwood Cove Park
- 4/23-25 Hiking, Slot Canyon Exploration and Searching for Desert Tortoise at Red Rock Canyon National Conservation Area

### May

- 5/1 Equine Day
- 5/8 Water Hike at Red Cliffs Recreation Area
- 5/15 Therapy Day; Hairapy and Mis-Representation
- 5/21-23 Hiking, and Waterfall Exploration at Escalante National Monument; Petrified Forest State Park Campground
- 5/29 Academic Day; Ancient Warfare Games

### June

- 6/5 Best Friends Animal Sanctuary
- 6/12 Water Hike at Kanarrville Falls
- 6/16-18 Paddle Boarding, Swimming, and Cliff Jumping at Palisade Lake State Park
- 6/26 Academic Day; Ghost Town tour

### July

- 7/3 Equine Day
- 7/10 Paddle Boarding and Cliff Jumping at Gunlock Reservoir
- 7/17 Therapy Day; Art Therapy
- 7/24-27 Rafting the Colorado River at Moab

### August

- 8/7 Best Friends Animal Sanctuary
- 8/14 Hiking at Navajo Lake
- 8/20-22 Camping and Hiking at Pine Valley Recreation Area
- 8/28 Academic Day, Shakespeare Festival

### September

- 9/4 Equine Day & Thriller
- 9/11 Hiking at Cedar Breaks National Monument
- 9/17-19 Hiking, Star Gazing and Cave Exploration at Great Basin National Park
- 9/25 Therapy Day; Tai Chi

### October

- 10/2 Best Friends Animal Sanctuary
- 10/9 Academic Day; Titanic and Bodies Exhibit
- 10/13-15 Hiking, Scrambling and Exploring at Capitol Reef National Park
- 10/23 Frisbee Golf at 3-Peaks Recreation Area
- 10/30 Halloween Party

### November

- 11/6 Equine Day
- 11/13 Hiking at Snow Canyon State Park
- 11/20 Therapy Day; Mask Making
- 11/27 Hiking at Chuckwalla Trail and Cottonwood Cove Park

### December

- 12/4 Best Friends Animal Sanctuary
- 12/11 Snow Day Activities
- 12/18 Academic Day; Christmas Around The World
- 12/25 Holiday; No Activity

*\*Note: Additional equine therapy sessions are scheduled throughout the month with our certified equine therapist and staff.*